

TIMETABLE

Closed throughout August, the Christmas Holidays and all Bank Holidays.

U10s is Term Time Only.

Monday

Beginners Class

U16s

7pm - 7.45pm

Seniors

8pm - 9.00pm

Tuesday

Squad Night

INVITATION ONLY

7pm - 8.30pm

Wednesday

Under 10s

6pm - 6.45pm

Beginners Class

U16s

7pm - 7.45pm

Seniors

8pm - 9.00pm

Thursday

Squad Night

INVITATION ONLY

7pm - 8.30pm

Mondays & Wednesdays are for beginners and are strictly non-contact.

Squad sessions are by invitation only – please see website for details

Beginner's classes are for everyone over the age of 10

All classes are for both sexes and mixed ability

All classes are pay as you go – cash or card

Beginner's and new members welcome

PRICES

U10s boxing aged 6–10yrs £5.00 per session

Beginner's classes £6.00 per session

For more information visit:

www.phoenixboxingeastbourne.com